

## **Good News**

Together, we seek to know Christ and make him known.

#### **From the Rector**

This afternoon, Barb, Joan, and I spent some time in the food pantry filling zip-lock bags with wheat crackers for our first Sunday Food Pantry. The Cleveland Food Bank shipment had arrived earlier today, and along with those things Maryellen had so thoughtfully ordered from the food bank for our guests, we discovered a free gift from the food bank. It was a gift of wheat crackers - twelve boxes of them (and I'm talking big boxes) arranged in rows on plastic trays, perhaps 200 crackers per tray, ten trays per box. Needless to say, we had a lot of crackers to divide and package for our upcoming pantry day.

Surprisingly, the bagging of crackers turned out to be a bit of mindless fun! First of all, we did it together. The task gave us permission during an otherwise busy day to sit down together, sans electronics, and chat about this and that as we attempted to keep our rows of crackers orderly within the flexible plastic bags.

It occurred to me later, though, that this work was not mindless, nor our conversation idle. Upon reflection, I realized that in fact the Holy Spirit sat with us at the table as we bagged the crackers, silently encouraging us to connect the dots (or the crackers if you will) and dwell in Christ, together. What a gift!

This humble project slowed us down and created a space in our day to reflect on our own lives as food-lovers (who doesn't have a good cracker story or two?) as well as a space and a frame of reference for thinking about our pantry neighbors, their lives and their needs. In deciding how many rows of crackers to place in the bags, we thought about the different household configurations of our pantry neighbors and how many crackers our various neighbors would need to round out meals of soup, crumble over tuna casseroles, or slather with peanut butter. We thought about how the crackers were arranged in the trays like poker chips, and how a child might create a game of stacking, then eating the crackers on a slow moving summer day.

Those crackers brought us together today, and they brought the world outside, inside these walls, and prompted us to think about our neighbors, known and unknown and to act in love. Turns out a gift a crackers can do a lot! That's the Spirit at work in our world, drawing us together in love and work, to dwell in Christ, who undoubtedly always shared his crackers.

Gratefully, Lisa+

# Let's Plant a Garden & Grow

Last month, Lisa gave details on the dreams of creating a Jubilee Garden at St. Andrew. The community garden would expand our feeding ministry to grow fresh fruits and vegetable to give away to our neighbors at the Choice Food Pantry and others. A potluck brunch will take place on Sunday. August 11th at Noon to discuss the project. A very preliminary garden plan has been developed (phase one), and a small but mighty group of volunteers have expressed an interest in making the garden a reality. Many parishes around the country are sharing parish grounds in new and exciting ways and spreading God's love through gardening and feeding each other. Please join us for the introductory garden ministry potluck on Sunday August 11 from noon to 1:30. All are welcome - from expert gardeners to those

who have never experience the joy of digging in the dirt and watching something grow! Waffles/eggs will be provided. Please bring a dish to share.



#### **Dates to Remember - August**

- 4 Outdoor Eucharist, 10:30 AM
- 4- Pantry Distribution, 1 3 PM
- 6 Super Bocce Bowl, 6 PM
- 10 Building & Grounds Committee, 9 AM
- 11 Community Garden Potluck 12 PM
- 13 Pantry Distribution, 1 3 PM
- 21 Vestry Meeting, 6:15 PM
- 30 Family Camp Bellwether Farm



St. Anne's Episcopal Church, Ankeny, Iowa



St. James Episcopal Church, Kent, Washington



### Mark Your Calendar All Parish Picnic

Join us on Sunday, September 8th for a church picnic. Let's celebrate the end of summer and the beginning of the program year by gathering together and (what we do best) eating! Hot Dogs and ice cream will be provided. Parishioners are asked to bring a side dish and a beverage to share. We'll play some lawn games, visit and enjoy! We'll eat outside if we are able, so please bring a lawn chair or blanket. Inside seating will be available for those unable to go outside. All are welcome!

### **Bellwether Farm Family Camp**

Bellwether Farm's Family Camp weekend retreat will give families the opportunity to experience summer camp together. The weekend includes camp songs, swimming, fishing, archery, canoeing, animal care, and more.. Save the date: Family Camp will be held **August 30-September 1**. More information will be available soon at dohio.org.



## Thai Chi

St. James parishioner Libby Hill is teaching Thai Chi classes (from the Arthritis Foundation) at St. Andrew three times per week! Thai Chi is a "joint friendly' exercise alternative for people of all ages with a wide variety of physical abilities. A free will offering is accepted (\$5 suggested but not required per class), with half of the proceeds going to St. Andrew. The classes are held on Tuesday evenings at 6:15 PM (parish hall in summer in Narthex during the program year); both Wednesday and Saturdays at 10 AM in the parish hall.

For more information come to a class, or contact Libby Hill at 440-478-6697 or <u>libbysensei@gmail.com</u>.

## Pantry Celebratíon

On July 17th we celebrated the 10th anniversary of our partnership with Advent Lutheran church in the joint Choice Food Pantry ministry. Our cook-out potluck was a lot of fun and a huge success with delicious hamburgers, hot dogs and a wide variety of tasty side dishes shared with volunteers, church members and our pantry neighbors. Looking forward to many more years of working together to help feed the hungry in Lake and Geauga Counties.









## Super Bocce Bowl!

Yes that's right, there is a Super Bowl for Bocce and it's held right here at St. Andrew! The Bocce season is rapidly drawing to a close, but there is one last hurrah, where the St. Andrew Bocce Champions will be crowned and take their place in church history as the 2019 winners! All are welcome to attend the Super Bocce Bowl on Tuesday, August 6th (rain date August 13) and cheer on the teams. Come hungry and purchase a delicious dinner from the Bocce grill to enjoy as sit in the shade of the sweet gum trees and cheer for your favorite teams. Proceeds from the Bocce Grill and the Bocce League benefit the St. Andrew Food Pantry. Games start at 6:30 PM, and the Bocce grill is opens at 6 PM. Chef Conrad Galayda is sure to be serving a super (and reasonably priced!) meal hot off the grill.

Will the Herczog team go all the way? Will Team Margaret rise to the top to take the prize? And don't rule out the Lucky Psalm's with secret weapon Dona and her accurate and point-grabbing throwing arm. Don't miss the fun. Join us on the front lawn!



#### **Aerobics Fundraiser**

Thank you to Sue Corbett and her fitness friends who gathered at St. Andrew for an Aerobics Fundraiser. Proceeds from the low impact workout were donated to help defray costs of the St. Andrew roof and window projects. Sue raised a total of \$240 to help the church. Way to go!

August Celebrations

#### **Birthdays**

Cory King 02 Bernadette Sandacz 05 Helen Sparrow 11 Michele Miller 13 Marylou Ezzo 13 Greg Connel 17 Tom Lally 18 Erin Koehler 20 Rosa Peshek 22 Pam Cushman 23 Pete Sherman 25 Kathy King 27

#### Anniversaries

Don & Sharon Koehler 05 Jim & Beth Brown 09 Joe & Peggy Sturm 10 Frank & Mary Ellen Fecser 16 Greg & Melissa Connel 20 Steven & Diane Smith 26

### Welcome to the World!



Welcome Piper Marie Sitkowski Born 8:24 am 6lbs 13 oz, 19 1/2" Pictured with big sister Lily! Congratulations Alissa & Vince!

### Taking Care of our Building & Grounds

The Building & Grounds Committee meets the second Saturday of each month at 9 AM. The Committee discusses projects and maintenance needs of the church followed by a few hours of work on improvement projects. Currently the group is working on replacing the ceiling tiles that were damaged when the roof leaked this spring.

Other projects that we hope to accomplish using "church" labor (that's all of us!) include: cleaning the gutters on the church and sacristy roof, painting the exterior windows of the sacristy and the choir area, painting the large Sunday School /Meeting Room and cleaning the carpet in the Worman Room and the Rear Assembly/Choir Room.

We could use your help with any and all projects - especially painting! If you like to paint or *can* paint, please volunteer by talking to our Junior or Senior Wardens, Kim Herczog or Doug Sundstrom. All are welcome to join the Building & Grounds Committee, just show up at the next meeting on August 10th at 9 AM



### **Education For Ministry Classes**

St. Andrew parish members and friends are invited to join a EFM (Education for Ministry) class beginning in late August. EFM is a 4 year program of college-level study in the Bible, church history and theology, combined with exercises in theological reflection. The class is open to all interested persons. Both Lisa and Dawson have participated in EFM and highly recommend it! The program is administered by the Episcopal Seminary of the South at Sewanee University. Our mission area EFM group currently meets at St. James. Painesville and includes members from several parishes. For more information contact Libby Hill at 440-478-6697 or libbysensei@gmail.com.



### **Cleaning Up**

Have you noticed our new foaming hand soap dispensers in the church restrooms? Joe Sturm replaced the old rusted, leaky soap dispensers with the new more efficient models. Thanks Joe for providing the installation of this much needed update. They look great! Our friends at the Cleveland Performing Arts Ministries are having a Golf Outing to raise funds to support presenting the Tetélestai play in 2020. It looks like fun!



Info & Registration online: LiveThePassion.org