



Good News

OCTOBER 2023

From the Rector

Update on **Fourth Sundays** Initiative

*May all who seek you rejoice and be glad in you
May those who love your salvation always say,
The Lord be exalted!*

-Psalm 40 v. 16

Friends, in last month's newsletter I introduced a possible Sunday fellowship experiment that will bring old friends and new friends together around the brunch table to connect/reconnect, share the love of God with one another, and learn something new. I sent out a survey, you responded favorably, and so it's a go for Sunday October 22!

Fourth Sundays is worship with a particular emphasis on fellowship. Begin the morning at 9:30 am with a quiet Morning Prayer in the nave, or go straight to brunch in the parish hall at 10:30. Enjoy the food, sing along with the music, and enjoy the company of your siblings in Christ. As brunch is winding down, you'll have the opportunity to learn with your hands, your mind, your heart, and your imagination. We'll have a service option (rake leaves, stock the food pantry, change light bulbs, whatever needs doing), and a learning option.

That's it. Join us for some of our Fourth Sunday options or do a deep dive into the Fourth Sunday initiative. We'll tweak it as we go, and your participation, and your feedback, and your loving hearts will make Fourth Sundays a success.

If you've not been with us for a while, we hope you'll give Fourth Sunday a try. It will be good to be together!

APPLE TREES

Dear Parish Family,

I need to let you know that I have been able to do very little for the apple trees since sometime in June. Life happens, sometimes in a big way, and that is the way it has been for me since May. If anyone has time and inclination, the apple trees need weeding around the trunks before the weather changes. At this time, I am hoping for rain in the next couple of days. We have been fortunate that they got rained on fairly often throughout the summer.

Thank you for your support, and God Bless you all.

Judy Cudnik

LECTORS NEEDED

Additional Sunday lectors are needed. If you would like to read for the Sunday or online services, please contact the Church Office.

FINANCE COMMITTEE

Hello from your Finance Committee and Vestry! We just wanted to provide a brief update on our parish finances for the good of the order. It has been very uplifting to see all of the creativity and effort brought forth the past 6 months. We've had several successful fundraising events (bocce, junk-in-the-trunk sale, concert) with more events to come. With the help of a professional accountant, we've also established a reasonable repayment plan for Lisa's accidental salary overpayment that occurred in the first half of the year. We are about



Important Dates In October

- 01 Sunday Worship 10:30 am
- 01 Food Pantry 1-3 pm
- 08 Sunday Worship 10:30 am
- 09 Indigenous Peoples Day
- 09 St. James Lunch 11 am
- 10 Food Pantry 1-3 pm
- 11 Fundraiser Committee 6 pm
- 11 Finance Committee 6:30 pm
- 14 Candy Apple Craft Fair 10 - 3
- 15 Sunday Worship 10:30 am
- 18 Vestry 6:30 pm
- 22 Sunday Worship 9:30 am
and Potluck Brunch
- 29 Sunday Worship 10:30 am



a month into that plan, and Lisa should be all back to even in June of 2024.

All of the church's bills (with the exception of one) are paid and up to date. The one exception is our diocesan assessment. If you're not familiar, the assessment is money that each diocesan parish is asked to pay to the diocese every month. Back in February we made the

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decision to postpone assessment payments as we worked to get a handle on our finances.

Assessment payments are significant expense (10%-15% of our annual operating budget). As of today, we are deciding to continue to postpone assessment payments. We felt this was the most responsible course of action for the time being, given that the fall/winter usually brings increased costs for heating and snow removal. Being behind on assessment payments means that we will not be able to have a vote at the Diocesan Convention in November. While this is regrettable, we still feel this is the best course of action for our parish for the short-term.

If you have any questions, or would like any more info about church finances, please ask a Vestry member or consider attending the next Finance Committee meeting on October 11th @ 6:30 p.m. in the Worman Room.

Chris Peshek

Cell: (440)-773-2700

email: chris.peshek@gmail.com

SARAH MCQUAID CONCERT

Sarah McQuaid performed beautifully to the delight of the crowd. She is a gifted singer and musician.

A big thanks for all the volunteers who provided goodies. Our guests were exceedingly generous in supporting the refreshment tables. Also, thanks to all who helped set up and take down the refreshment area.



October Celebrations

BIRTHDAYS

05 Peggy Sturm
07 Sheree Sandacz
07 Kathy Gudel
08 Chase Rotz
11 Steve Grau
17 Cathy Jo Kaiser
21 Doug Sundstrom
23 Doris Silvaroli
25 Rev. Lisa O'Rear
28 Micki Rotz
30 Evelyn Peshek
30 Joe Gudel

ANNIVERSARIES

02 Dennis & Sue Corbett
14 Chris & Sherrie Sweet
24 Jack & Bonnie Semenek



ST. JAMES LUNCH

St. Andrew will be cooking and serving lunch on October 9th, Indigenous Peoples Day, at St. James Episcopal Church in Painesville. Additional help is always needed! It is a great way to serve our neighbors who are homeless or just in need of a hot meal. For information, please contact Rev. Lisa or signup here:

<https://standrewmentor.flocknote.com/signup/102081>

CANDY APPLE CRAFT SALE



**Saturday, October 14
10:00 AM – 3:00 PM**

Join us for the fun!

- ✓ **Chinese Auction**
- ✓ **A Carmel Apple Station**
- ✓ **Kids Activity Table**
- ✓ **Food, Bake Sale**

**St. Andrew Episcopal Church
7989 Little Mountain Road
Mentor, Ohio**

The fundraising committee has been very busy these last few weeks. We are looking forward to the Candy Apple Craft Sale, which is set for

Saturday, October 14th, but we simply can't do it without your help.

Please consider donating your time and talents to the project, dedicated to helping fund the daily operating expenses of our beloved church. This fund is responsible for keeping St. Andrew functioning so that we can continue to worship and serve our Lord.

We are hoping to have one of the tables at the sale be for homemade baked goods. We will need lots of homemade goodies to stock that table. Please consider baking something to offer that will boost our sales! If you start now, and bake a few at time and freeze them, it will be a huge blessing to our church community. Please remember to label any items that have ingredients that someone could be allergic to such as nuts.

If you'd like to help out in some other way, please reach out to Mary Provins at 440-478-9120, as we would love to involve anyone from the parish! As Uncle Sam would say, "We need you!" Please donate your time and talents so that St Andrew can continue to be our home as we worship and serve the Lord! You can also check out our sign-up page at

<https://standrewmentor.flocknote.com/signup/134858>

ELECTION DAY
Bake Sale
TUESDAY, NOVEMBER 7



Our recent bake sale that took place on August 8th during the Ohio Special Election was a huge success! In fact, we sold out of baked goods at about 1 PM, and raised \$424.00 for our General Fund. St. Andrew is planning to host another bake sale for the upcoming November 7th Election. Please mark your calendar and plan to bake. All types of baked goods are welcome including pies, cookies, cakes, dessert breads or anything that might tempt hungry voters! It looks like the November election will have another huge turnout, so please plan ahead and commit to making some baked goods to help St. Andrew's bottom line. If you'd like to volunteer to work at the bake sale, contact the church office. Bakers can drop off their tasty treats at the church on Election Day.

HANNAH'S HOME

St. Andrew received a nice thank you note from Hannah's Home for our good work in raising over \$500 for them this past summer.

**Free
Tickets**



St. Andrew has 20 free tickets to see *Mother Teresa and Me* at Atlas Cinemas Great Lake Theatre on October 5th at 7 pm.



Contact Rev. Lisa for tickets or more information.

A NOTE FROM THE BENCH

October Greetings,

Oh Lord, it's time, it's time. It was a great summer.

*Lay your shadow now on the sundials,
and on the open fields let the winds go!*

Rainer Maria Rilke, Autumn Day, translated by Robert Bly, 1981

Rilke invites the soul, as the season begins to change, to prepare to honor our ancestors – the saints and beloved of God. This time of harvest leads us to the celebration of All Saints' and All Soul's Day, which is, according to Celtic tradition, a *thin time*. A *thin time* is a time at which heaven and earth feel close, with beautiful moments during which we connect to those who have gone before (Valters Paintner, 2023).

To the Celts, threshold, or thin times, are closely related to the world moving from dark to light and back to dark again, coinciding with the seasons. The thin times in Celtic tradition include eight threshold moments of the year. Samhain begins the dark half of the year in Celtic tradition, and falls on November 1, All Saints' Day, which the Celts believe to be the thinnest time. Our ancestors, and all the saints and beloved of God walk



Wow! What a wonderful way to celebrate our 60th Wedding Anniversary on Sunday, August 6th! The day was beautiful and Joe and I want to express our thanks to everyone who contributed to make the whole service so special.

From the flowers, the music, the kind words Lisa said about us, and of course the cupcake reception prepared by Jack and Bonnie.

But most importantly, for the presence of everyone who was there who shared with us a special time and offered up to the Lord a beautiful prayer that we will never forget.

Our BIG THANKS to everyone and God Bless you all.

Joe and Peggy

close beside us as the threshold door between heaven and earth opens wider, it seems, at this time, than at other threshold times. The dark half of the year, beginning with Samhain, is a time of rest, incubation and mystery (Valters Paintner, 2023). The dark half of the year is a *dreamtime*, an

invitation to open our hearts to those who have gone before.

Christine Valters Paintner points out in her latest book, *The Love of Thousands: How Angels, Saints, and Ancestors Walk with us Toward Holiness* (Sorin, 2023), that in Western culture we often neglect our ancestral heritage (p.81). In other cultures, she notes, remembering our ancestors is “*an intuitive and essential way of beginning anything new.*” (p. 81). Valters Paintner encourages us to recognize the wisdom we can draw from those who have traveled before us.

The question is always, *How do I hear and receive the wisdom of ancestors, the saints and beloved of God?* One way is to pay close attention to dreams.

Justina Lasley, 2004, as cited in Hoss, 2005, notes that the “*most effective form of dreamwork comes from one’s own intuition and inner wisdom*” (p. 29). Lasley believes that along with faith, we need to observe the guiding force in our dreams – those (often unopened) letters received from God. I have been blessed to hear many accounts of ancestors *visiting* their loved ones, particularly at this thinnest of the threshold times – Samhain, All Saints’ and All Soul’s.

Robert Hoss (2005) notes the reports of many seeing and speaking with loved ones who have gone before in their dreams. Hoss notes

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that in some cases the ancestor who has gone before reveals some information that the dreamer has no knowledge of previously. Robert Moss, creator of *Active Dreaming*, (2005), reports visitation dreams of counsel and information, or urgent warning or health advisory, and even to alert us to the location of a missing document. Moss notes that the visitation of those who have gone before in a dream can be a precognitive dream as well -- one that will be played out sometime in the future.

As we enter this time of harvest, and approach Samhain, All Saints' and All Soul's Days, may we be aware of the invitation of our dreams. Robert Haden (2010) reminds us that the ancient Hebrews and Christians believed that one of the *primary* ways God speaks to God's people is through dreams – **the primary way!** Third century Babylonian sage Rabbi Hisda reminds us that “A dream uninterpreted is like a letter (from God) unopened” (p. 1).

The Blessings of Our Ancestors

*This blessing calls you home again
to your collective inheritance of blood and bone,
calls you to dance with generations
who shimmer beyond the veil.
We call on the great cloud of witnesses,
the ones who inspire our courage,
support our endurance,
kindle our joy, whisper words of hope.
May the wise and well ones,
who are vibrant and radiant with healing,
who have stepped into the expanse of love
without hesitation, whose hearts are open wide,
shower you with their blessing
so you know your ancient inheritance.
Stand at the threshold
and whisper some of their names,
grandmothers and grandfathers,*

*back through hundreds and
thousands of years
prayers and supplications
for all that helps you navigate this
world with ease.
May they form a circle of protection
around you
to guard from anything that would
wish you harm.
Open the eyes of your heart to see
they are already here, already
dancing
through your feet, your hips, your
hands,
the embrace of your arms,
the undulations of your spine, the
smile on your lips.
This blessing dances in the
threshold space with you,
at the turning of dawn or dusk,
helping your heart stay open,
attuned,
to the wisdom pouring forth.
Sing aloud of gratitude and ask
them to surround you,
knowing they are already present,
it is only your vision that must
change see.*

Christine Valters Paintner,
*The Love of Thousands: How
Angels, Saints and Ancestors Walk
with us Toward Holiness, 2023*

May beautiful dreams be yours this season.

John Spiesman, Organist

Food for the soul:

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Haden, R. (2010). *Unopened letters from God*. Flat Rock, NC. Haden Institute Publishing.

Hoss, R. (2005). *Dream language: Self-understanding through imagery and color*. Ashland, OR. Innersource.

Moss, R. (2005). *The dreamer's book of the dead*. Rochester, VT. Destiny Books.

Valters Paintner, C. (2023). *The love of thousands: How angels, saints, and ancestors walk with us toward holiness*. Notre Dame, IN. Sorin Books.

PRAYER CALENDAR

Let's Pray for Each Other!

Introducing the Prayer Calendar, which will come to you each month in your newsletter. You'll note that there is a parish member designated for each day of the month on the calendar. Please take a moment to pray for that person on the day indicated, whether you know them or not! Prayer blesses the one who prays and the one who receives prayer, so incorporating this prayer calendar into your daily devotions is a win/win situation!

“Prayer is standing in the presence of God with the mind in the heart; that is, at that point of our being where there are no divisions or distinctions and where we are totally one. There God's Spirit dwells and there the great encounter takes place. There heart speaks to heart, because there we stand before the face of the Lord, all-seeing, with us.”

— Henri J.M. Nouwen, *The Way of the Heart: The Spirituality of the Desert Fathers and Mothers*

October 2023 Prayer Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|--|--|
| 1 Joe Papaleo | 2 Robert & Norma Pattison | 3 Randy & Carol Pengov | 4 Todd & Janna Penkowski (Kevin) | 5 Debra Perse <i>Peggy Sturm(B)</i> | 6 Chris & Sarah Peshek (Evelyn, Rosa, Marcus) | 7 Linda Pietro <i>Sheree Sandacz(B)</i> <i>Kathy Gudel(B)</i> |
| 8 Leo & Shirley Poitras <i>Chase Rotz(B)</i> | 9 Marybeth Primeau | 10 Mary Provins | 11 Debbie Pulman <i>Steve Grau(B)</i> | 12 Brian & Mick Rotz (Brianna, Chase) | 13 Ann Russell | 14 Brian & Sheree Sandacz |
| 15 Bernadette Sandacz | 16 John(Spark) & Jill Sankal | 17 Jack & Bonnie Semenik <i>Cathy Jo Kaiser(B)</i> | 18 Doris Silvaroli | 19 Margaret Sinclair | 20 Vince & Alissa Sitkowski (Lily,Piper) | 21 Diane Smith <i>Doug Sundstrom(B)</i> |
| 22 Barbar Sopko & Dona Currutt (Lane & Luke Sopko) | 23 Andrew & Amy Spiesman <i>Doris Silvaroli(B)</i> | 24 John Spiesman | 25 Joe & Peggy Sturm <i>Lisa O'Rear(B)</i> | 26 Doug & Maryellen Sundstrom | 27 Susan Swain | 28 Chris & Sherrie Sweet <i>Micki Rotz(B)</i> |
| 29 Ryan & Julie Symonds (Hunter) | 30 Debra Van Horn <i>Evelyn Peshek(B)</i> <i>Joe Gudel(B)</i> | 31 June Webb | | | | |
| | | | | | | |

LECTOR AND VOLUNTEER SCHEDULE

Volunteer Schedule for October 2023

| | <i>Altar Guild</i> | <i>Coffee Hour</i> | <i>Sunday School</i> | <i>Chalice Bearers</i> | <i>Lectors</i> | <i>Acolytes</i> | <i>Ushers/ Greeters</i> | <i>Counters</i> |
|---|---|--------------------|----------------------|------------------------|---|-----------------|-------------------------|------------------------------|
| October 1 The 18 th Sunday after Pentecost Proper 21 | June Webb | TBD | TBD | Barb Sopko | Randy Pengov, Dona Currutt, Barb Sopko, Kim Herczog | C-Dona Currutt | Andy Spiesman | Andy Spiesman, Kim Herczog |
| October 8 The 19 th Sunday after Pentecost Proper 22 | Carol & Randy Pengov, Susan Zuber | TBD | TBD | Judy Cudnik | Judy Cudnik, Bonnie Seminek, Ed Bridge, Brian Sandacz | C- | Andy Spiesman | Brian Sandacz, Andy Spiesman |
| October 15 The 20 th Sunday after Pentecost Proper 23 | June Webb | TBD | TBD | Mary Provins | Peggy Sturm, Dona Currutt, Barb Sopko, Debbie Pullman | C-Dona Currutt | Andy Spiesman | Kim Herczog, Jack Semenk |
| October 22 The 21 st Sunday after Pentecost Proper 24 | Mary Provins, Margaret Sinclair, Brianna Rotz | TBD | TBD | Judy Cudnik | Peggy Sturm, Micki Rotz, Ed Bridge, Mary Provins | C- | Andy Spiesman | June Webb, Brian Sandacz, |
| October 29 The 22 nd Sunday after Pentecost Proper 25 | Carol & Randy Pengov, Susan Zuber | | | Mary Provins | Randy Pengov, Debbie Pullman, Eunice May, Andy Spiesman | C-Dona Currutt | Andy Spiesman | Andy Spiesman, Kim Herczog |

+ 10:30 am only lector order= 1st-OT, 2nd-Psalm, 3rd-Epistle, 4th-Prayers of the People
 If you need to reschedule, please make arrangements with someone else and let the office know of the change.
Also, please check for your coffee hour Sunday.

PARISH CALENDAR

10:30 am 2nd & 4th Sunday Online
Worship with music
10:30 am Eucharist Service with Music

St. Andrew Episcopal Church

7989 Little Mountain Rd
 Mentor, OH 44060
 (440) 255-8842
 standrewmentor@gmail.com

If there is a pastoral emergency, contact The Rev. Lisa O'Rear
Cell: 216-402-9860
Parish Office Hours:
Tuesday-Thursday
9am to Noon
(440) 255-8842

October 2023 Parish Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|---|
| **8-9a Fit4Mom's | **9:30-10:30a Fit4Mom's **6-8:30p Fit4Mom's | **6:30-7:30p Fit4Mom's | **9:30-10:30a Fit4Mom's | **4:30 and 7p Fit4Mom's | | |
| 1 10:30a Eucharist w Music 1-3 Choice Pantry-Need Help 6-8 Joe & Charlie AA | 2 6:30 Women in Recovery 7:30 12X12 Little Mountain AA | 3 12:15 AA 6-Den Mtg 7-8 Augustine Flwshp | 4 8-5 Chris-W.R. 10:30-12:30 Thai Chi 7:30p McD AA | 5 11 a Food Pantry Delivery Need Help 7p Choir | 6 12:15 p AA | 7 Ping Pong 10-12:30Thai Chi 1-4 Recovery Intl 2-4 Truth & Love 7:30 Sat Nite Live AA |
| 8 10:30a Eucharist w Music Online service 1-3 Choice Pantry-Need Help 6-8 Joe & Charlie AA | 9 6:30 Women in Recovery 7:30 12X12 Little Mountain AA | 10 12:15 AA 1-3 Choice Pantry Need Help 7-8 Augustine Flwshp 6-Den Mtg | 11 8-5 Chris-W.R. 10:30-12:30 Thai Chi 7:30p McD AA | 12 7p Choir | 13 12:15p AA 2pm Wedding | 14 Ping Pong 10-3pmCANDY APPLE CRAFT FAIR 1-4 Recovery Intl 7:30 Sat Nite Live AA |
| 15 10:30a Eucharist w Music 6-8 Joe & Charlie AA | 16 6:30 Women in Recovery 7:30 12X12 Little Mountain AA | 17 12:15 AA 6-Den Mtg 7-8 Augustine Flwshp | 18 8-5 Chris-W.R. 10:30-12:30Thai Chi 6-8p Choice Pantry 6:00 p Fundraising 6:30 p Finance 7:30p McD AA | 19 8-5 Chris-W.R. 11a Food Bank Delivery 7p Choir | 20 12:15p AA | 21 Ping Pong 10-12:30Thai Chi 1-4 Recovery Intl 2-4 Truth & Love 7:30 Sat Nite Live AA |
| 22 9:30a Fourth Sunday Morning Prayer and Potluck Brunch Online service 9-11- Union Local Mtg. 6-8 Joe & Charlie AA | 23 6:30 Women in Recovery 7:30 12X12 Little Mountain AA | 24 12:15 AA 6-Den Mtg 7-8 Augustine Flwshp | 25 8-5 Chris-W.R. 10:30-12:30Thai Chi 6:30p Vestry 6-8 Choice Pantry 7:30p McD AA | 26 8-5 Chris-W.R. 7p Choir | 27 12:15p AA | 28 Ping Pong 10-12:30Thai Chi 1-4 Recovery Intl 2-4 Truth & Love 7:30 Sat Nite Live AA |
| 29 10:30a Eucharist w Music 6-8 Joe & Charlie AA | 30 6:30 Women in Recovery 7:30 12X12 Little Mountain AA | 31 12:15 AA 6-Den Mtg 7-8 Augustine Flwshp | | | | |