

Good News

Together, we seek to know Christ and make him known.

From the Rector

Draw nigh and take the Body of the Lord, and drink the holy Blood for you out-poured. Saved by that Body and that holy Blood, with souls refreshed, we render thanks to God. With heavenly bread he makes the hungry whole, gives living waters to the thirsting soul. Bangor Antiphoner, ca. 690

These words attributed to St. Secundius (d 457) were originally found in the Bangor Antiphner, a seventh century Irish manuscript. Many believe this invitation in verse, which you can read/sing at H-327 of our Hymnal, constitutes the oldest known Eucharistic hymn.

What does Holy Eucharist mean to you? The Catechism (BCP 845-62) describes The Holy Eucharist as "the sacrament commanded by Christ for the continual remembrance of his life, death, and resurrection, until his coming again." When we receive the Holy Communion we are fed the outward and visible sign of Christ with us, and receive the inward and spiritual grace of our Savior by faith. (BCP 859). While this is important to understand intellectually, at least, what does Holy Eucharist mean to you personally? Has your understanding of this sacrament changed at all since the advent of the pandemic? I for one have felt the lack of it, bone deep at times. Our Eucharistic celebration of Christ's presence among us, and this sacramental expression of our eternal connection, through Christ, with one another and the great cloud of witnesses who have come before us are live-giving to me: when I receive Holy Communion I internalize forgiveness, redemption, inspiration, salvation, solidarity, and new creation, all in an instant, and am spiritually fed. It's a supernatural experience. What I feel most immediately upon receipt of Holy Communion is connection with each of you, with my sisters and brothers all over the world, and with all of God's creation. For me there is no better conduit to the holy than Eucharist. That is why I am so grateful that we will soon have the opportunity to come together in person to celebrate (continued on page 3)

Dates to Remember - September 6 - Pantry Distribution, 1 - 3 PM 7 - St. James Lunch Service, 11 AM 8 - Pantry Distribution, 1 - 3 PM 8 - ChurchNext Class, 6:30 PM (Zoom) 12 - Holy Eucharist, 4 PM 16 - Vestry Meeting, 6:30 PM (Zoom) 16 - Pantry Distribution, 6:30 - 8:30 PM 19 - Holy Eucharist, 4 PM 20 - Front Lawn Coffee Hour, 11:30 AM 22 - ChurchNext Class, 6:30 PM (Zoom) 23 - Pantry Distribution, 6:30 - 8:30 PM 26 - Holy Eucharist, 4 PM

Virtual Services continue Sundays at 10:30 AM on St. Andrew Facebook page and YouTube channel. Links are posted each week on our website: www.standrew-mentor.com.



It was great to see everyone at the August In-Person Front Lawn Coffee Hour!

Let's Do It Again!

Last month it was so nice to see everyone at the In-Person Front Lawn Coffee Hour, we've decided to do it again. On Sunday, September 20th at 11:30 AM, we will gather on the front lawn for a safe and socially distanced Coffee Hour. Watch the Sunday service on Facebook or YouTube and then come to the church for some safe together time. Bring your own lawn chair and brunch/beverage. Families may sit together, all others must social distance, and everyone must wear a mask. A few Parish Hall chairs with arms (disinfected with Lysol) will be available for those who need them. We will have hand sanitizer and additional masks on hand.



Join us for Holy Communion on the Front Lawn

Recently Bishop Hollingsworth sent an update on guidelines in place during the COVID-19 pandemic. In summation, the Diocese of Ohio will begin to allow Holy Communion in one kind. After discussion with the Vestry, St. Andrew will offer a simple Holy Eucharist service at 4 PM on Saturdays beginning September 12th. This service will not include singing or a homily. Masks will be required and participants are asked to bring their own lawn chair. A few parish hall chairs with arms (disinfected with Lysol spray) will be available for those unable to use a lawn chair. Masks and social distancing will be required. The service will be canceled if it is raining. Remember to bring your worship bag!



A reminder to watch the movie *Burden* (R) before Sunday, September 6th. We'll discuss the film in our Zoom Coffee Hour at 11:30 AM. You can watch for free on YouTube - just search for the film *Burden*. It is also available on Amazon to rent or purchase. It's a powerful story about race relations and healing.

From the Rector (continued from page 1)

Holy Eucharistic at St. Andrew.

In accordance with the most recent safety directives issued by Bishop Hollingsworth on August 18 (you can read the full text at dohio.org) we will be permitted to offer Holy Communion in-person beginning on September 6. The leadership of St. Andrew, after consultation and consideration of the recent survey to the parish about in-person gathering, have elected to offer Holy Eucharist outdoors only (for now) for those who feel comfortable meeting in person under fully distanced conditions. Communion is authorized in one kind only for now, by bread alone, for safety reasons.

Our first in-person Eucharistic celebration at St. Andrew since March 2020 will take place outdoors on the front lawn beginning on Saturday September 12 at 4pm. We will continue this practice of offering outdoor Holy Eucharist on Saturdays at 4pm so long as weather permits. In the event of rain or other inclement weather the service will be canceled for the week.

For those planning to attend our live Eucharist, we ask you to bring your own seating. There will be socially-distanced spacing marked on the lawn so you'll know where to sit. If you do not have a lawn chair or do not feel secure in lawn chair seating we will have a number of chairs with arms sanitized and available for your use during the service. You must wear a mask to participate in live worship and receive communion. We will have masks available for those who do not have them as well as hand sanitizer to use before and after you receive communion. Please bring your worship bag with you (prayer book and worship binder) and take them home with you after the service. We will share the Eucharistic liturgy online for you to print and place in your binder for worship. If you do not have a printer at home we will have some hard copies available for you on-site for worship.

The service will be simple and straightforward with no live music and no homily. We will go over safety procedure for our live communion at the beginning of each service. Our Sunday online worship with music and homily will continue to be available beginning at 10:30 via facebook, Youtube, or our church website on a weekly basis.

While we would love to see you in live worship, please know that you are under no obligation to attend live services if you do not feel safe doing so. You are a blessed member of our community whether you elect to attend live worship or not!

Please contact me if you have any questions, requests, or concerns about this first step toward a return to in-person worship at St. Andrew. As always, please do not hesitate to get in touch with me if you have pastoral care needs or are need help of any kind. Thank you for your faithfulness.

Gratefully, in Christ,

Lisa+

Anti Racism Training

Free Anti-Racism training is offered to all members of the Diocese of Ohio. You must commit to attending the full sessions and to doing the off-line work. The Commission for Racial Understanding will offer this two day online training via Zoom video conference on September 10 and 11 (9 AM to 3 PM) or October 10 and 11 (9 AM to 3 PM). A session will also be offered at Bellwether Farm in November. To register visit:

https://form.jotform.com/90984849967181



On Labor Day, Monday September 7th, the St. Andrew Lunch Bunch will prepare and serve lunch to our neighbors at the St. James Lunch program. During the pandemic, meals are packaged and given "to go" from the front porch of the church, to ensure safety of all involved. St. Andrew serves every Monday holiday. New volunteers are always welcome. We meet at St. James, 131 N. State St., Painesville at 11 AM and are done about 2 PM. Hope to see you there.

Jubílee Garden Planning Meeting

The first growing season of the St. Andrew Jubilee Garden is coming to an end, and we can rejoice that we had some success in supplying fresh vegetables to our feeding ministry. Mark your calendar to join in a Garden Planning and Review meeting to discuss the project and formulate plans for next year. The Zoom virtual meeting will take place Wednesday, September 2nd at 6:30 PM Anyone who is interested in the garden or has comments about the project is encouraged to attend.

Items that will be discussed include:

- Garden space and layout,
- Plants what worked/plans for 2021
- Adding additional raised beds,
- Fencing
- Enlisting community helpers

Contact Rev. Lisa for a link to the meeting.







Adult Formation

The St. Andrew Adult Formation class meets Sundays at 9:00 AM via Zoom. The group is currently studying St. Paul's letter to the Romans. Rev. Dawson Moore leads the group in the week's lesson and discussion. New members are always welcome. Join the study on Zoom. The meeting ID is 851 4017 8998 and the access code is 280055.



Sherman Memorial Scattering Garden Fall Care

Do you have a few minutes to help? Our Scattering Garden is looking a bit weedy, so during the week of September 14th, we're asking everyone to pitch in a little time to help tidy the garden space. If you can spare 15 minutes (or more) to help, we can make it look wonderful.

Many hands make light work! Let's commit to a few minutes each, and help maintain this beautiful holy space. Social distancing is easy in the garden, but if you are concerned, call the office at 440-255-8842 to ask if anyone is working. Your efforts honor our beloved parishioners who are scattered in this lovely garden!



September Celebrations

Birthdays

Shirley Poitras 04 Judy Cudnik 05 Samia Bishara 05 Meg Nemeth 07 Frank Fecser 08 Jackson Frantisak 16 Dorothy Hickey 20 Heather Catlett 21 Richard Ezzo 23 Michael Bailey 23 Candace McCready 26 Debra Perse 27

Anniversaries

Brian & Micki Rotz 09 Tom & Joan Lally 27

Don't see your Birthday or Anniversary? Contact the Office at 440-255-8842 and let us know!



Conrad featured in Church Life

Our own Conrad Galayda will be featured in the Fall 2020 issue of the Diocese of Ohio magazine *Church Life*. The article will contain excerpts from last month's *Good News* article in which he shared a story about his experience with racism and how he has grown by confronting the reality of what it means in his life and how recognizing it has changed his perception. Look for the magazine in your mailbox or read it online at dohio.org. As Conrad says "I'm a work in progress." We appreciate him sharing his story.





Baptism

Our first in-person Holy Eucharist, on the front lawn on Saturday, September 12th at 4 PM, will be extra special because Piper Sitkowski will be sealed by the Holy Spirit in Baptism and marked as Christ's own forever! We will celebrate this happy day with Vince, Allisa and big sister Lily! We hope you can all be there to welcome Piper to the St. Andrew family (socially distanced!).

Thanks Joe!

Anyone who has been on table duty (putting up and taking down) in the Parish Hall knows that our round church tables were falling apart - and with good reason! The plastic tables were set up and taken down a half dozen times each week to accommodate all that was going on in the St. Andrew Parish Hall pre-pandemic. And while COVID-19 ended activities for a while, Joe Sturm took the opportunity to repair every table. What a wonderful gift! We so much appreciate Joe and his talents!





Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. **2 Corinthians 9:6**

Join the ChurchNext Class

How to Be a Crazy Christian with Presiding Bishop Michael Curry

All are invited to join in this short study. This is a course with a warning label: All who enter here, expect to be transformed !

Class consists of 3-7 video segments that participants will watch on their own. There are questions provided to work on prior to a 1/2 hour group meeting via Zoom to discuss. The group will meet three times: Tuesdays 9/8, 9/22 and 10/6 at 6:30 PM. To join this online formation class, contact the office at 440-255-8842 or at standrewmentor@gmail.com for a user login and more details. For a preview visit churchnext.tv

Stewardship Don't Read This!

What is maybe a little perplexing about this time - this pandemic - is that life goes on. We may be social distancing, working from home, unemployed, isolated, missing church, family and friends; but at the very core of all that, life continues. And **we** must continue. That is how we must live in this time.

In the Bible we read about the Hebrews persisting no matter what is thrown at them, and certainly that is what God intends. The Old Testament lessons from the last few weeks are all about people of enormous faith. Think of Joseph sold by his brothers into slavery. Think about the faith of Moses' mother who set her son afloat in the Nile, having faith that God would intervene. **It is this kind of faith to which we aspire.** The kind of faith that no matter the circumstance we know that we will persist - with God's help.

Despite the pandemic, the work of the Church has continued. The work at St. Andrew has continued. We continued to operate the food pantry, even in the scary days of March and April when no one knew much about COVID-19. We found a way to continue with worship online. We sent cards, made phone calls and learned how to Zoom to stay connected. And just as life continues - albeit different, we must remain strong as good stewards of what we have money, talent, time - so that the important work of the Church, **our church**, can continue.

It is said that life is not for the faint of heart. We are not faint of heart at St. Andrew. Embrace the life we have now, and have faith that God will see us through. Help us continue the good work at St. Andrew with your pledge of money, time and talent. This is how we proclaim Jesus! How we shine as bright lights in this difficult time! And how life continues... full of faith - with God's help! (We knew you'd read this!)